



COMMUNITY OF FAITH

EVERY WONDER WHY? | WEEK 5

WHY DO I DO WHAT I DON'T WANT TO DO?

Romans 7:14-25

¹⁴ For we know that the Law is spiritual, but I am fleshly, sold into bondage to sin. ¹⁵ For I do not understand what I am doing; for I am not practicing what I want to do, but I do the very thing I hate. ¹⁶ However, if I do the very thing I do not want to do, I agree with the Law, that the Law is good. ¹⁷ But now, no longer am I the one doing it, but sin that dwells in me. ¹⁸ For I know that good does not dwell in me, that is, in my flesh; for the willing is present in me, but the doing of the good is not. ¹⁹ For the good that I want, I do not do, but I practice the very evil that I do not want. ²⁰ But if I do the very thing I do not want, I am no longer the one doing it, but sin that dwells in me.

²¹ I find then the principle that evil is present in me, the one who wants to do good. ²² For I joyfully agree with the law of God in the inner person, ²³ but I see a different law in the parts of my body waging war against the law of my mind, and making me a prisoner of the law of sin, the law which is in my body's parts. ²⁴ Wretched man that I am! Who will set me free from the body of this death? ²⁵ Thanks be to God through Jesus Christ our Lord! So then, on the one hand I myself with my mind am serving the law of God, but on the other, with my flesh the law of sin.

Romans 7:14-25 (NASB)

¹³ And when you were dead in your wrongdoings and the uncircumcision of your flesh, He made you alive together with Him, having forgiven us all our wrongdoings, ¹⁴ having canceled the certificate of debt consisting of decrees against us, which was hostile to us; and He has taken it out of the way, having nailed it to the cross. ¹⁵ When He had disarmed the rulers and authorities, He made a public display of them, having triumphed over them through Him.

Colossians 2:13-15 (NASB)

The Son of God appeared for this purpose, to destroy the works of the devil.

1 John 3:8 (NASB)

¹⁰ Finally, be strong in the Lord and in the strength of His might. ¹¹ Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. ¹² For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places.

Ephesians 6:10-12 (NASB)

It was for freedom that Christ set us free; therefore keep standing firm and do not be subject again to a yoke of slavery.

Galatians 5:1 (NASB)

Submit therefore to God. But resist the devil, and he will flee from you.

James 4:7 (NASB)

Question: Why do I do what I don't want to do?

Three schemes of the devil:

1. Deception
2. Temptation
3. Accusation

You can change because you're already free.

You don't have to change in order to be free.